



SASP

SASKATCHEWAN  
ASSOCIATION OF  
NATUROPATHIC  
PRACTITIONERS



# ANNUAL REPORT

## FISCAL YEAR 2016

*Naturopathic Medicine is a regulated health profession in  
Saskatchewan (The Naturopathy Act, 1978).*

# SANP ANNUAL REPORT 2016

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*The greatest discovery of any generation is that human beings can alter their lives by altering the attitudes of their minds.*

- **Albert Schweitzer**



# SANP ANNUAL REPORT 2016

Minister of Health



SASKATCHEWAN

Legislative Building  
Regina, Saskatchewan



## *A Message from the Honourable Jim Reiter Minister of Health*

*Naturopathic doctors play an important role in supporting the health of Saskatchewan residents. We appreciate your focus on self-care and prevention – and on health care tailored to patients' individual needs.*

*The Ministry of Health has been working closely with the SANP to update the legislation that governs self-regulation of naturopathic doctors.*

*Our government introduced The Naturopathic Medicine Act in 2014. The new Act will enable SANP to better protect patients from harm and also give more treatment options to Saskatchewan residents.*

*Together with the SANP, we continue work to support legislative requirements for naturopathic doctors that are as consistent as possible with those in other jurisdictions. We want Saskatchewan to be an attractive place for naturopathic doctors to practise.*

*We appreciate the collegial relationship we enjoy with the SANP, and will continue to work closely with you and our other partners to provide high-quality health care to Saskatchewan residents.*

*Thank you to for your commitment to patient-centred care and to the people of this province.*

A handwritten signature in blue ink, appearing to read 'Jim Reiter'.

*Jim Reiter  
Minister of Health*

# SANP ANNUAL REPORT 2016

## STRATEGIC HIGHLIGHTS

At the end of January 2016, your Council met in Regina to hold its annual face-to-face meeting. This was a terrific opportunity to revisit and review the rolling, five-year *Strategic Plan: The Way Forward*. The Council will continue to review and update the 5-year Strategic Plan and the Annual Operations and Implementation Plan on an annual basis. Each year, with the helpful support of our Executive Director, we use this collaborative planning framework to set our goals and priorities, assess what we have accomplished, and make sure we understand what it takes to build on this momentum. Timelines were adjusted, accordingly, and a couple of new objectives were identified. We are extremely pleased with this methodical approach to setting our sails!

## OPERATING HIGHLIGHTS

- The Naturopathic Medicine Week campaign was another immense success, and we had proclamations declaring Naturopathic Medicine Week issued by the Minister of Health, as well as by City Councils in almost every city in Saskatchewan.
- The Annual General Meeting was held in Regina on May 1<sup>st</sup> at the Norman Mackenzie Art Gallery meeting rooms. Each year there is increased participation from the members with great energy in the room. The Council members were confirmed in their respective roles, except for these changes: Kathleen Fyffe accepted the position of Secretary that Amy Velichka had vacated; Wendy Present-Jahn accepted the position of the Vice-President position that Jon Sheridan had vacated; and Vanessa DiCicco accepted the position of Registrar that Allison Ziegler had vacated. All Council members active in 2016 should be congratulated for their commitments of time and energy. It has all been great grist for the mill as we move closer toward the model of a Saskatchewan College of Naturopathic Medicine.
- With the support of our Executive Director, the Legislative Committee continued their detailed work on the regulatory bylaws to accompany our new legislation, *The Naturopathic Medicine Act*. These bylaws are critical to the proclamation and implementation of this legislation, which will not come into force until the regulatory bylaws have been approved by the Minister of Health. Extensive consultations continue with the Ministry of Health officials, and with key health profession stakeholders. Toby Bridgman and Amy Velichka continued their strong co-ordination efforts as the Legislation Committee co-chairs. The co-chairs have been gathering and distilling the shared experiences from those who have worked on implementing new naturopathic medicine regulatory bylaws for prescriptions, medical laboratory access, and invasive procedures...the three cornerstones of our new legislation
- The Healing Skies Conference Committee continued to work diligently on developing a great inaugural conference open to naturopathic medical professionals from Canada and the United States. This will take place in Watrous on August 17-20, 2017, and everyone should mark it in their calendars, and share it far and wide!

# SANP ANNUAL REPORT 2016



## ***PRESIDENT’S REPORT: “MOVING FORWARD!”***

### **Message from the President**

The Year 2016 has continued the SANP trend of gradual, steady forward progress. With welcoming three new members to the Council at the 2016 AGM, we have had another infusion of fresh ideas and energy to continue our work. In terms of our Council operations, we have been able to implement new processes to help engage with our committees and let our small numbers still show great productivity. Our processes continue to be supported by the annual review and update to our Operations and Implementation Plan as well as *The Way Forward*, our 5-year Strategic Plan. With the guidance of Ken Alexe, our Executive Director, our two-day, in-person Council meeting in January each year, in which we review and update these documents, continues to be more inspiring and invigorating every time we repeat this process!

Development of the regulatory bylaws supporting the new legislation has continued in 2016 with the contract support of Jacquie Messer-Lepage. Consultation with the Saskatchewan Disease Control Laboratory and Ministry of Health officials has continued to be highly productive in developing the regulations and processes around local lab access for naturopathic doctors. The conversations around prescription drug access were also initiated with our first introductory meeting in November 2016.

Nationally, Naturopathic Medicine Week saw the launch of the CAND national awareness campaign which featured our own Dr. Jacqui Fleury among colleagues from across the country in radio, TV and print advertisements promoting naturopathic doctors as *Medically Trained. Naturally Focused*. Positive public response was noted in many of our members’ offices, particularly in more rural centers. We look forward to the continued support of this campaign in aiding public awareness of the training and skills that naturopathic doctors offer, especially as we expand our scope in this province.

# SANP ANNUAL REPORT 2016

An exciting new initiative for the SANP in 2016 was the creation of a conference committee that set to work planning for the first annual Healing Skies Conference to take place at Manitou Beach in August 2017. A big thank you to Dr Sussanna Czeranko and David Schleich for spearheading this initiative and offering their time and expertise in conference creation. It is bound to be a conference like no other!

**Dr. Laura Stark ND**  
President

Having good health is very different from only being not sick. - Seneca The Younger, 50 AD



# SANP ANNUAL REPORT 2016

## *Registrar's Report*

### **Message from the Registrar**

Greetings!

A warm welcome to our new SANP members who have joined in 2016:

- Wendy Davis (Carlyle)
- Kahlen Pihowich (Saskatoon)

You have chosen an excellent place to practice in Saskatchewan, and we wish you all the best in your practices.

At the end of the 2016 year, the SANP had 43 members, with 5 members being from out of province.

There are several naturopathic students that intend to return to practice in Saskatchewan in the coming years.

At the Annual General Meeting in 2017, there will be various Council positions up for nomination. These positions are: Treasurer, Vice President and President. These positions will be voted upon at the 2017 SANP AGM on April 30, 2017. The Council is looking forward to having new involvement from many of our SANP members.

Thanks to all of you for your contributions to the good practice of naturopathic medicine in Saskatchewan in 2016, and all the best to you in 2017!

Warmly,

**Dr. Vanessa DiCicco, ND**

Registrar

# SANP ANNUAL REPORT 2016

## *Operational Committees*

### *Communications Committee*

Purpose: To focus on developing SANP communications capacity and messaging for distribution to the public, members, and stakeholders.

Update: The Communications Committee can report on the following activities in 2016:

- Continued to provide updates to social media accounts. Facebook page has 225 likes. Creation of Twitter account in the last year
- Quarterly newsletters sent out to SANP Members with updates from board, SANP committee updates and changes within the SANP
- Maintain SANP website with updates and changes.
- Communicated with Saskatchewan government and mayors to have Naturopathic Medicine Week declared in the Province of Saskatchewan and most major cities.
- Communicate information and updates from the SANP board to members

Chair: Megan Parker (Humboldt)

Members: Wendy Presant-Jahn (Regina), Joanne Dawe (Saskatoon), Candice Esposito (Emerald Park)





# SANP ANNUAL REPORT 2016

## *Conference Committee*

Purpose: To provide organizational and logistical support to the development of the annual professional conference for naturopathic medicine in Saskatchewan, as follows:

- Showcasing best practices
- Reconnecting with our roots
- Innovations in Naturopathic Medicine
- Take-away tools and resources for naturopathic medical practice

Update: The date and venue of the inaugural *Healing Skies* naturopathic medicine conference and trade show was confirmed for August 17-20, 2017 at Manitou Beach, Saskatchewan. The conference agenda, registration fees, and possible speakers and sponsors were identified.

Chair: Sussana Czeranko

Committee Members: Katherine Cheah (Regina), Amy Velichka (Saskatoon), Lynn Chiasson (Moose Jaw), Kathleen Fyffe (Regina), Michelle Marcoux (Saskatoon), David Schleich

## *Membership Committee*

Purpose: To focus on developing resources and promotional materials to encourage growth of the profession within Saskatchewan. SANP is a regulatory body for Naturopathic Doctors in the province with a focus on protecting the public. This membership committee will focus on supporting members to achieve healthy, thriving practices.

Update: The Membership Committee would like to report on the following activities:

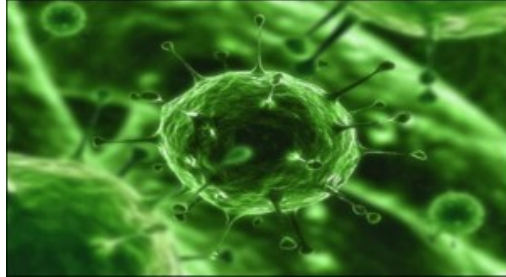
The main activities for 2016 were:

1. Organization of sponsorship/CE opportunities for the SANP AGM May 1, 2016.
2. Organization of Naturopathic Medicine Week May 9-13 2016.
  - 2 public screenings of the movie “That Sugar Film” on Thursday May 12.
  - 1 screening at the Broadway Theatre in Saskatoon and 1 screening at the Royal Saskatchewan Museum in Regina.
3. Development of Membership Support documents. (New Member Welcome letter, Listing of National CE opportunities)
4. Support the development of a Saskatchewan naturopathic medicine conference.

Chair: Darlene Ahenakew

Members: Alana Barmby (Saskatoon), Katherine Fyffe (Regina), Michelle Marcoux (Saskatoon)

# SANP ANNUAL REPORT 2016



## *Quality Management*

### *Legislative and Best Practices Committee*

Purposes:

- To assess the governing legislation and bylaws for naturopathic medicine in Saskatchewan and to recommend improvements that meet the emerging needs of public health that would benefit from the naturopathic medical expertise and training of naturopathic doctors.
- To monitor and improve the safety of all therapies provided by registrants to patients in the province of Saskatchewan; to ensure that policy and bylaws are appropriate with the chief aim to maintain the highest level of safety for patients; to create and modify policy so that it is easy to interpret and to follow; and to make quality assurance visits to registrant ND clinics to ensure that policy is being effectively maintained.

2016 was an eventful year for our legislative committee. There has been extensive communication with other regulatory bodies in Saskatchewan and other provinces. We continue to communicate with the Ministry of Health and other stakeholders on the proposed bylaws that will accompany our new *Naturopathic Medicine Act*.

There has been much progress in detailing our scope of practice, standards of care policies and guidelines, as well as the extent of our prescriptive rights. The negotiations with the Ministry of Health officials and health profession stakeholders continues. Thank you, to all of our members who have contributed to this ongoing process. Thank you, to the naturopathic doctors who have volunteered time to come to Saskatchewan and provide their legislative expertise, time and energy to our association.

Co-Chairs: Toby Bridgman and Amy Velichka (Saskatoon)

Committee Members: Wendy Davis (Carlyle), Kahlen Pihowich (Saskatoon), Evan McCarvill (Melfort), Allison Fillatre (Saskatoon), Laura Stark (Regina), and supported by Ken Alecxe, Executive Director

# SANP ANNUAL REPORT 2016

## ***Quality Assurance Committee (AKA Examination/Continuing Education (CE)/Audit)***

Purpose: To create, update, and invigilate exams as needed; regulate CE credits being submitted by members; and execute random audits on CEs, as well as practices of members.

Update: The committee worked diligently on implementing the ethics and jurisprudence exam, as well as invigilating the practical exams. We had one meeting to agree to check out the on-line membership registration and data companies that would cover our needs, and Member 365 was the one we had agreed on going forward to recommend to the Council. Our key criteria in evaluating the options available was the following: great customer service at a reasonable cost for what we need as naturopathic medical doctors.

Chair: Leshia Ferguson

Members: Katherine Cheah (Regina), Allison Fillatre (Saskatoon), Evan McCarvill (Melfort) and Tim Mrazek (Regina)

***Examination Invigilators*** – Darlene Ahenakew, Tim Mrazek, and Wendy Present-Jahn

## ***Professional Conduct Committee***

Purpose: As the governing body for assessing and certifying the credentials of naturopathic practitioners in Saskatchewan, the SANP has a strong due diligence process for ensuring that best practices and standards of conduct for naturopathic practice are observed. The Professional Conduct Committee (PCC) provides due diligence recommendations to the SANP Council on the disclosure and notification of public complaints.

Update: The PCC completed an investigation in fall of 2016. Several recommendations have been made to the Council regarding registered naturopathic doctors requesting patient lab results from medical doctors. These recommendations and their implementation are pending for decision by Council in 2017.

Chair: Naomi Whelan (Saskatoon)

Members: Lynn Chiasson (Moose Jaw), Kathleen Fyffe (Regina – until assuming position on Council at the AGM 2016)

# SANP ANNUAL REPORT 2016

## *Discipline Committee*

Purpose: Under the *Naturopathy Act*, the Discipline Committee works closely with the Professional Conduct Committee and conducts disciplinary procedures and hearings where required to address complaints and protocol breaches in naturopathic practice, and to make recommendations to the Council for redress.

Update: There was one professional conduct case passed to the discipline committee for decision in 2016.

Chair: Doug Amell (Moose Jaw)

Members: Ed Mahon (Saskatoon), Peter Gleisberg (Warman), and Allison Fillatre (Saskatoon)

## *Financial Audit Committee*

Purpose: To establish financial accountability between the Accountant and the Treasurer.

Update: Established in 2016 by the Council. The first accountability procedures for this committee will occur in 2017 in reflecting on the 2016 Fiscal Year.

Chair: Darlene Ahenakew

Members: Alana Barmby and Joanne Dawe



# SANP ANNUAL REPORT 2016

## *SANP Council and Staff*

### Council Members:

President	Dr. Laura Stark
Vice President	Dr. Wendy Present-Jahn
Registrar	Dr. Vanessa DiCicco
Secretary	Dr. Kathleen Fyffe
Treasurer	Dr. Jacqui Fleury

Past President      Dr. Julie Zepp Rutledge (2015).

Executive Director      Ken Alexe



*What lies behind us and before us are tiny matters compared with what lies within us. -*  
Ralph Waldo Emerson

# SANP ANNUAL REPORT 2016

## *Highlights of 2016: Report from the Executive Director*

- *The rolling Strategic Plan and Operational and Implementation Plan: The Way Forward* were established in 2014 and continue to move forward on an annual basis, with operational results being measured and strategic considerations revisited. Each year, another year is added onto the strategic plan and operational/implementation plan, thus, providing a “rolling” effect. This ensures the plans are always dynamic and relevant to changing circumstances, with a constant five-year outlook.
- *The position of Executive Director has been recognized as beneficial to the work of the Council and the SANP; and the work of this position is being expanded and extended, funds permitting.*
- *The critical work of supporting the development of new administrative and regulatory bylaws continues. Consultation with the Ministry of Health and key health profession stakeholders has become a key component to this process. The new legislation received third reading and was passed in the Legislative Assembly in 2015 to implement a College system for the regulation of Naturopathic Doctors in Saskatchewan separate from the SANP. The legislation requires new sets of administrative and regulatory bylaws. The regulatory bylaws must be approved by the Minister of Health, and must accurately reflect the scope of practice for NDs in three critical areas: prescriptive rights; medical laboratory access; and invasive procedures. In 2015, the Legislation Committee was established out of the Best Practices Committee to assist Council with the development of the new regulatory bylaws. This work is being supported by Ken Alecxe and Laura Stark, and Toby Bridgman and Amy Velichka are the Co-Chairs.*
- *In 2016, Naturopathic Medicine Week was another great success, and has provided new educational opportunities to the public. The SANP is very appreciative that the Province of Saskatchewan and City Councils across the province all proclaimed Naturopathic Medicine Week 2016.*

The work experience and collegiality with the naturopathic medical community has been excellent! Since the Organization Review of 2014, the SANP has continued to expand its activities and is putting in place all the key tools needed to be an exemplary regulatory body as a professional health organization. The *Way Forward* is very promising, indeed, for enhancing the profession of naturopathic medicine and primary health care.

Sincerely yours,

Ken Alecxe

Executive Director

# SANP ANNUAL REPORT 2016

## *Financial Summary*

The financial picture of the Saskatchewan Association of Naturopathic Practitioners has remained stable over the recent number of years. Some of the accumulated retained earnings have been utilized toward developing the organizational and legislative capacity of the SANP.

A key objective of the last four years of *The Way Forward: SANP Strategic Plan 2014-2018* will focus on the regulatory bylaws of the *Naturopathic Medicine Act, 172*. There will be resources also assigned to the realization of the Saskatchewan Association of Naturopathic Practitioners as the Saskatchewan College of Naturopathic Doctors, as provided by the new legislation.

The Council continues to devote time and resources toward ensuring a very high level of confidence in our financial stewardship of the SANP resources. To that end, the scrutinized 2016 financial statements are attached. As part of the Strategic Plan 2014-2018, additional financial quality assurance has been applied, beginning with the 2013 financial statements and continuing on into the future, through a Review Engagement Report with H. Bryce Groenwold, CPA, CA of Salamon Ratzlaff Groenwold, Saskatoon.

Sincerely yours,

Dr. Jacqui Fleury

Treasurer



***FINANCIAL  
STATEMENTS***



# SANP ANNUAL REPORT 2016

9:44 AM  
2017-04-17  
Accrual Basis

## Saskatchewan Association of Naturopathic Practitioners Balance Sheet As of 31 December 2016

	<u>31 Dec 16</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Chequing/Savings</b>	
TD Canada Trust	35,572.55
<b>Total Chequing/Savings</b>	<u>35,572.55</u>
<b>Accounts Receivable</b>	
Accounts Receivable	1,350.00
<b>Total Accounts Receivable</b>	<u>1,350.00</u>
<b>Other Current Assets</b>	
Prepaid Expenses	692.48
Undeposited Funds	450.00
<b>Total Other Current Assets</b>	<u>1,142.48</u>
<b>Total Current Assets</b>	<u>38,065.03</u>
<b>TOTAL ASSETS</b>	<u><u>38,065.03</u></u>
<b>LIABILITIES &amp; EQUITY</b>	
<b>Liabilities</b>	
<b>Current Liabilities</b>	
<b>Other Current Liabilities</b>	
accrued liabilities	2,750.00
GST Payable	805.00
<b>Total Other Current Liabilities</b>	<u>3,555.00</u>
<b>Total Current Liabilities</b>	<u>3,555.00</u>
<b>Total Liabilities</b>	3,555.00
<b>Equity</b>	
Retained Earnings	36,343.42
Net Income	-1,833.39
<b>Total Equity</b>	<u>34,510.03</u>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<u><u>38,065.03</u></u>

# SANP ANNUAL REPORT 2016

10:31 PM  
2017-04-13  
Accrual Basis

## Saskatchewan Association of Naturopathic Practitioners Profit & Loss January through December 2016

	<u>Jan - Dec 16</u>
<b>Income</b>	
<b>Licenses &amp; Dues</b>	
National Membership Dues	16,100.00
SANP Licensing Fee	28,050.00
<b>Total Licenses &amp; Dues</b>	<u>44,150.00</u>
<b>Miscellaneous Income</b>	
Lip Balms	826.50
Membership Contributions	7,700.00
Public Supporter	600.00
Sponsorships	1,200.00
Miscellaneous Income - Other	1,788.40
<b>Total Miscellaneous Income</b>	<u>12,114.90</u>
<b>Total Income</b>	56,264.90
<b>Expense</b>	
Bank Charges	2.64
CAND Dues	22,347.00
Exam Invigilation	50.00
Insurance	
Liability Insurance	2,142.00
<b>Total Insurance</b>	<u>2,142.00</u>
Lip Balms Purchased	406.88
Marketing	1,656.46
Office Expense	
Photo Copying & Printing	191.57
Postage & Delivery	11.72
<b>Total Office Expense</b>	<u>203.29</u>
Professional Fees	
Accounting	2,970.00
Consulting	24,014.93
Legal Fees	1,226.08
Professional Fees - Other	547.24
<b>Total Professional Fees</b>	<u>28,758.25</u>
Reconciliation Discrepancies	0.50
Supplies	
Marketing	105.84
<b>Total Supplies</b>	<u>105.84</u>
Telephone	443.80

# SANP ANNUAL REPORT 2016

**MAY 9-15** | NATUROPATHIC MEDICINE WEEK™ 2016  
HEALTH PROMOTION • DISEASE PREVENTION

**SANP** SASKATCHEWAN ASSOCIATION OF NATUROPATHIC PRACTITIONERS  


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